



Dear State of Indiana employees,

We at Better Bodies On The Circle, Inc. would like for you to become an active club member. There are 3 simple reasons why you should join us at Better Bodies, Inc.

1. Locations- Better Bodies, Inc. is conveniently located in the Chase tower on the Circle, Carmel and Zionsville.
2. Quality of staff- Our knowledgeable staff and professionally certified and degreed Personal Trainers can help you start your fitness program.
3. Quality of our facility- We are equipped with state-of-the-art machines featuring cardio, a full range of weight resistance machines and free weights, an extensive group class schedule led by top instructors in the area and professional grade locker rooms that are equipped with towels and showers.

### **What You Can Expect from Better Bodies**

Better Bodies continues to serve the health and wellness needs of the Greater Indianapolis area by providing fitness memberships, group fitness classes, personal training and corporate fitness programs at the most affordable rates in the downtown area. We have one primary mission: to build Better Bodies, one body at a time.

### **Offer**

Better Bodies will provide fitness services for the State of Indiana employees with the following discounted rates:

- 10% discount after a minimum of 10 employee memberships
- 20% discount after a minimum of 20 employee memberships

With your monthly membership, all employees would have access to all three of our locations and all related amenities (e.g. lockers, shower facilities, group fitness classes and discounted rates on boot camps).

### **Greater Return on Investment**

Investing in employee health is an important step in reducing health care costs. Investing in your employee's health can lead to cost savings several times greater than your initial investment. On average, approximately \$1.00 invested will save \$4.00 to \$6.00.

All the best,

Mitch Schroder  
Masters Physical Therapy  
N.S.C.A., Certified Strength & Conditioning Specialist  
A.C.S.M., Advanced Certification  
IDEA, Master/ Elite Level P.F.T.